



## January 2019 Monthly Schedule

Monday 7th	Tuesday 8th	Wednesday 9th	Thursday 10th	Friday 11th
3pm-4pm Teen SMART Recovery Group	4pm-6pm Music Session	1.30pm – 3pm Young Mums Group 4-6pm Bowling	4pm-5pm Drop-In 5pm-6pm Teen SMART Recovery Group	Admin day
Monday 14th	Tuesday 15th	Wednesday 16th	Thursday 17th	Friday 18th
3pm-4pm Teen SMART Recovery Group	4pm-5.30pm Girls Group	1.30pm-3pm Young Mums Group	4pm-5pm Drop-In 5pm–6pm Teen SMART Recovery Group	Admin day
Monday 21st	Tuesday 22nd	Wednesday 23rd	Thursday 24th	Friday 25th
3pm-4pm Teen SMART Recovery Group	4pm-5.30pm Girls Group	1.30pm–3pm Young Mums Group	4pm-5pm Drop-In 5pm–6pm Teen SMART Recovery Group	Admin day
Monday 28th	Tuesday 29th	Wednesday 30th		
3pm-4pm Teen SMART Recovery Group	4pm –5.30pm Girls Group	1.30pm-3pm Young Mums Group		

**\*\* Unless Stated all groups are run at The Recharge Centre \*\***

**Tel 01952 660000**